



L A D Y M O N A R C H G a m e D a y N o t e s

2006 LADY MONARCH SCHEDULE

Day	Date	Opponent	Time
Sat.	Aug. 26	at #7 Penn State	W, 3-1
Sun.	Aug. 27	vs. Ohio (at Penn State)	W, 6-1
Sun.	Sept. 3	at #19 Virginia	W, 3-2
Mon.	Sept. 4	at #1 Maryland	L, 0-1
Sat.	Sept. 9	#19 RICHMOND	W, 3-0
Sun.	Sept. 10	#20 MICHIGAN	W, 2-0
Sat.	Sept. 16	at #4 North Carolina	W, 3-1
Sun.	Sept. 17	at #5 Duke	W, 4-3 (2OT)
Sat.	Sept. 12	at Princeton	W, 5-0
Sun.	Sept. 24	at Drexel *	W, 5-0
Fri.	Sept. 29	at #17 James Madison *	W, 1-0
Sun.	Oct. 1	TOWSON *	W, 7-0
Fri.	Oct. 6	at Va. Commonwealth *	W, 10-0
Sun.	Oct. 8	at Delaware *	W, 2-0
Sat.	Oct. 14	#1 MARYLAND	L, 0-1
Sun.	Oct. 15	#4 DUKE	W, 1-0
Sat.	Oct. 21	NORTHEASTERN *	W, 3-2 (OT)
Sun.	Oct. 22	#20 HOFSTRA *	W, 6-0
Sat.	Oct. 28	#8 NORTH CAROLINA	W, 3-1
Sun.	Oct. 29	WILLIAM & MARY *	W, 8-0

CAA Tournament - National Training Center - Va. Beach, Va.
 Sat. Nov. 4 vs. Northeastern W, 7-0
 Sun. Nov. 5 vs. #17 James Madison L, 0-1

Sat.-Sun. Nov 11-12 NCAA 1st/2nd Rnds
 Princeton University - Princeton, N.J.
 Sat. Nov. 11 at Princeton 11:00 a.m.
 Sun. Nov. 12 vs. Boston University/UConn TBA

Thu. - Sun. Nov 16-19 NCAA Final Four - Wake Forest

*CAA Conference Game
 (Note: All rankings are at time of play)

LADY MONARCH STAT LEADERS (as of October 10th)

Name:	Goals:	Assists:	Points:
Dana Sensenig	18	16	52
Denise Admiraal	13	4	30
Nico van Nispen	10	7	27
Caroline Nichols	10	4	24
Darcy Pinchbeck	9	3	21
Jo Ann van Aswegen	6	2	14
Katelyn Smither	1	6	8

Name:	Saves:	Sv%:	GAA:
Kelly Driscoll	56	.800	0.63

CAA STANDINGS (as of October 10th)

Team:	CAA			Overall		
	W	L	Pct.	W	L	Pct.
#3 Old Dominion	8	0	1.000	9	3	.864
#13 James Madison	6	2	.750	15	7	.682
(RV) Hofstra	5	3	.625	13	7	.650
Northeastern	4	4	.500	10	12	.455
(RV) William & Mary	4	4	.500	10	9	.526
Delaware	3	5	.375	7	12	.368
Towson	2	6	.250	9	10	.474
Drexel	2	6	.250	8	11	.421
VCU	2	6	.250	4	15	.211

ATHLETIC MEDIA RELATIONS

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WEEK TWELVE - NCAA TOURNAMENT - 1st and 2nd Rounds:

No. 3 Old Dominion (19-3, 8-0 CAA) vs.
 Sat. Nov. 11 - Princeton (11-6, 7-0 IVY)
 Sun. Nov. 12 - ODU/Princeton vs. BU/UConn

ABOUT THE LADY MONARCH FIELD HOCKEY TEAM:



● **IT'S A NEW SEASON:** The Old Dominion field hockey team makes its 26th appearance at the NCAA Tournament on Saturday when they travel to host Princeton for the first round of tournament action. The Lady Monarchs are the only division I team to have appeared in every single NCAA Tournament since its inception back in 1981. The Lady Monarchs are winners of an NCAA record nine national championships and have advanced to 16 final fours. Old Dominion's last national championship game in 2000 and its last final four appearance occurred last season.

● **HOW WE GOT HERE:** The Lady Monarch field hockey team, ranked as high as third in the STX/NFCA Poll and second in the Women's Field Hockey.Com Poll during the regular season, received an at-large bid to this year's tournament after falling 1-0 to second seeded James Madison in the Colonial

Athletic Association (CAA) Tournament. Old Dominion is 19-3 overall with two of the three losses coming at the hands of the tournament's second seed, Maryland. Both losses to the Terps came by 1-0 scores. During the season, Old Dominion outscored their opponents, 82-14, and racked up 12 shutouts including eight against conference competition. Additionally, the Lady Monarchs tackled on of the toughest schedules in the nation which featured 13 contest against ranked opponents, including seven against top ten teams and five against top five squads.

● **TICKETS:** Tickets for both days will be available on the day of the games. Tickets will cost \$7 for adults and \$5 for children or students with their student ID cards. On Saturday, gates will open at 10 a.m. and tickets will be sold until the completion of the second game. On Sunday, gates will open at 1 p.m. and will be sold until the completion of the game.

● **BACK FROM THE BEACH:** The 2006 Colonial Athletic Association (CAA) Tournament was held at the U.S. National Training center where Old Dominion defeated Northeastern, 7-0, in the semifinals and fell 1-0 to James Madison in the finals. Against the Huskies, six different Lady Monarchs scored in the victory led by senior midfielder and leading scorer Dana Sensenig with two tallies. Additionally it was Old Dominion's 12th shutout of the season. In the loss to the Dukes, the Lady Monarchs held a 23-1 advantage and 21-1 edge in corners, but it was only one shot the Dukes needed to defeat Old Dominion as the Dukes put away a penalty stroke with 12:52 left in the first half. The Lady Monarchs have won 13 CAA Tournament crowns only failing to garner the championship in 1995 (James Madison), 2003 (Delaware), and 2006 (James Madison).

● **ALL-TOURNAMENT TEAM:** Three Lady Monarchs were named to the 2006 CAA All-Tournament team - senior midfielder Dana Sensenig, senior defender Caroline Nichols and sophomore midfielder Denise Admiraal. Sensenig collected two goals in the 7-0 win over Northeastern. Nichols anchored the Lady Monarch defense to its 12th

SERIES WITH THE OPPONENTS:

PRINCETON:

2006 Record: 11-6 overall, 7-0 IVY

All-Time Vs: 11-4 - ODU

First Meeting: 1996 - W, 7-4

Last Meeting: 2005 - W, 5-0

In The NCAA's: 1-2

Common Opponents: Richmond, Penn State, William & Mary, Maryland, Hofstra

Last Meeting: 2001 - W, 4-1

In The NCAA's: 0-0

Common Opponents: Duke, Northeastern, Virginia

CONNECTICUT:

2006 Record: 19-3 overall, 4-2 BIG EAST

All-Time Vs: 23-9 - ODU

First Meeting: 1979 - L, 0-7

Last Meeting: 2003 - W, 4-2

In The NCAA's: 4-2

Common Opponents: Northeastern, Princeton, Michigan, Hofstra, Virginia Commonwealths

BOSTON UNIVERSITY:

2006 Record: 14-6 overall, 4-1 America East

All-Time Vs: 10-0 - ODU

First Meeting: 1986 - W, 3-1

STX/NFHCA POLL:

<u>Institution (record)</u>	<u>Points</u>
1. Wake Forest (19-1)	558 (27)
2. <i>Maryland (19-2)</i>	532 (1)
3. <i>Old Dominion (19-3)</i>	500
4. <i>Duke (14-5)</i>	460
5. Ohio State (14-3)	415
6. <i>Penn State (15-5)</i>	406
7. Connecticut (19-3)	389
8. <i>North Carolina (13-8)</i>	358
9. Boston College (14-6)	301
10. <i>Virginia (13-7)</i>	289
11. Providence (18-4)	259
12. California(16-4)	236
13. <i>James Madison (15-7)</i>	210
14. Iowa (12-8)	208
15. Louisville (12-8)	172
16. Indiana (14-5)	153
17. <i>Richmond (16-4)</i>	118
18. <i>Michigan (11-9)</i>	110
19. American (14-6)	74
20. Boston University (14-6)	38

Also Receiving Votes: *Princeton University (24)*, *Hofstra University (23)*, *Ohio University (22)*, Michigan State University (9), Villanova University (8), Lock Haven University (3), University at Albany (2), *College of William & Mary (2)*, Stanford University (1).

Previous Rankings:

Preseason: #4
 Week 1: #3
 Week 2: #3
 Week 3: #3
 Week 4: #3
 Week 5: #3
 Week 6: #3
 Week 7: #3
 Week 8: #3
 Week 9: #3
 Final: #3

**** Italics/Bold Denotes 2006 Opponent**

WOMEN'S FIELD HOCKEY.COM POLL:

<u>Institution</u>
1. Wake Forest
2. <i>Maryland</i>
3. <i>Old Dominion</i>
4. Connecticut
5. Ohio State
6. <i>Duke</i>
7. <i>Virginia</i>
8. <i>Penn State</i>
9. Boston College
10. <i>UNC</i>
11. Iowa
12. Providence
13. California
14. <i>Michigan</i>
15. <i>James Madison</i>
16. Louisville
17. <i>Richmond</i>
18. Indiana
19. <i>Princeton</i>
20. <i>Hofstra</i>

Previous Rankings:

Preseason: #5
 Week 1: #5
 Week 2: #3
 Week 3: #3
 Week 4: #3
 Week 5: #2
 Week 6: #2
 Week 7: #2
 Week 8: #2
 Week 9: #2
 Week 10: #2

**** Italics/Bold Denotes 2006 Opponent**

ODU IN THE NATIONAL STATS:

Winning Percentage:

3.864

Scoring Defense:

2.0.63

Scoring Offense:

3.3.73

Margin Of Victory:

2.3.04

Points Per Game:

10.Dana Sensenig2.36

Goals Per Game:

19.Dana Sensenig0.82

Assists Per Game:

7.Dana Sensenig0.73

Goals Against Average:

1.Kelly Driscoll0.63

Save Percentage:

4.Kelly Driscoll800

Penalty Strokes:

1.Dana Sensenig5

QUICK FACTS:

GENERAL:

Name of School:Old Dominion University
 City, Zip:Norfolk, Va. 23529-0201
 Founded:1930
 Enrollment:21,000
 Nickname:Lady Monarchs
 School Colors:Slate Blue, Sky Blue, & Silver
 Home Field:Foreman Field (Astroturf)/20,000
 Conference:Colonial Athletic Association
 President:Dr. Roseann Runte (SUNY New Paltz '68)
 Athletic Director:Dr. Jim Jarrett (SIU-Carbondale '59)
 Athletic Dept. Phone:(757) 683-3375

COACHING STAFF:

Head Coach:Beth Anders (Ursinus '73)
 Career Record:461-78-7/22 seasons
 Record at ODU:461-78-7/22 seasons
 Assistant Coaches:Susan Myers (Slippery Rock '73)
Gwen Alexander (West Chester '73)
Robin Smith (Old Dominion '92)

TEAM INFORMATION:

2005 Record:19-6
 2005 Conference Record:8-0/1st
 2005 Post Season:NCAA Semifinals
 Final Ranking:#3 NFHCA
 Letterwinners Returning/Lost:16/5
 Starters Retuning/Lost:9/2

Top Returning Players:

<u>Name:</u>	<u>Pos:</u>	<u>Cl:</u>	<u>G:</u>	<u>A:</u>	<u>Pts:</u>
#14 Dana Sensenig	MF	Sr.	19	15	53
#13 Denise Admiraal	MF	So.	18	5	41
#9 Darcy Pinchbeck	F	Sr.	9	4	22
#20 Caroline Nichols	B	Sr.	1	19	21
#23 Katelyn Smither	F	So.	8	0	16

Key Losses:

<u>Name:</u>	<u>Pos:</u>	<u>G:</u>	<u>A:</u>	<u>Pts:</u>
#19 Janelle Engle	B	20	10	50
#16 Jennifer Angat	MF	3	3	9

ODU IN THE CAA STATS:

Winning Percentage:

1.864

Scoring Defense:

1.0.63

Scoring Offense:

1.3.67

Margin Of Victory:

1.3.04

Points (Total):

1.Dana Sensenig52
 4.Denise Admiraal30
 5.Nico van Nispen27
 6.Caroline Nichols24

Points Per Game:

1.Dana Sensenig2.36
 4.Denise Admiraal1.36
 6.Nico van Nispen1.23

Goals (Total):

2.Dana Sensenig18
 4.Denise Admiraal13
 5T.Nico van Nispen10
 5T.Caroline Nichols10
 8T.Darcy Pinchbeck9

Goals Per Game:

2.Dana Sensenig0.82
 4.Denise Admiraal0.59
 9T.Nico van Nispen0.45

Assists (Total):

1.Dana Sensenig16
 4T.Nico van Nispen7
 9T.Katelyn Smither6

Assists Per Game:

1.Dana Sensenig0.73
 8T.Nico van Nispen0.32

Shutouts:

1.Kelly Driscoll12

Goals Against Average:

1.Kelly Driscoll0.63

Save Percentage:

2.Kelly Driscoll800

RECORD BOOK:

GOALS:

1t. Maaik Hilbrand167
 1t. Marina DiGiacomo167
 3t. Christy Morgan86
 4. Kim Miller82
 5. Angie Loy77
 6. Laura Knorr76
 7. Tiffany Snow71
 8. Jill Fisher70
 9. Robin Smith66
 10. Kelli James65
Dana Sensenig (2003 - present)57

ASSISTS:

1. Jill Reeve138
 2. Winnifred Sanders134
 3t. Pam Neiss80
 3t. Marina DiGiacomo80
 5. Carolyn Sarr66
 6. Kelli James66
 7. Cheryl Van Kuren61
 8. Adrienne Yoder61
 9. Angie Loy56
 10. *Dana Sensenig (2003 - present)53*
 11t. Mimi Smith50
 11t. Maaik Hilbrand50
Caroline Nichols (2003 - present)36

POINTS:

1. Marina DiGiacomo414
 2. Maaik Hilbrand372
 3. Christy Morgan219
 4. Angie Loy210
 5. Kim Miller200
 6. Kelli James196
 7. Tiffany Snow181
 8. Laura Knorr171
 9. Jill Reeve170
 10. *Dana Sensenig (2003 - present)167*
 11. Jill Fisher165
Caroline Nichols (2003 - present)80

Individual Game Highs:

Shots:7, Nico van Nispen - at VCU (10/6)
Goals:3, Denise Admiraal - vs. Towson (10/1)
.....3, Darcy Pinchbeck - at VCU (10/6)
Assists:3, Dana Sensenig - at VCU (10/6)
Points:7, Dana Sensenig - at VCU (10/6)
Saves: ..8, Kelly Driscoll - vs. #1 Maryland (10/14)

Team Game Highs:

Shots:35 - at Drexel (9/24)
Goals:10 - vs. VCU (10/6)
Assists:7 - vs. VCU (10/6)
Points:27 - vs. VCU (10/6)
Saves:8 - vs. #1 Maryland (10/14)

CAA PLAYER OF THE WEEK:

Week #1 (8/21-8/27):Stephanie Swain (DU)
Week #2 (8/28 - 9/3):Kajee Murangi (TU)
Week #3 (9/4 - 9/10):Caroline Nichols (ODU)
Week #4 (9/11 - 9/17): ...Caroline Nichols (ODU)
Week #5 (9/18 - 9/24): ...Christina Armer (TOW)
Week #6 (9/25 - 10/1): ...Nico van Nispen (ODU)
.....Charlia Warner (HOF)
Week #7 (10/2 - 10/8):Meghan Bain (JMU)
Week #8 (10/9 - 10/15): ...Kim McEwen (TOW)
Week #9 (10/16 - 10/22): ...Meghan Bain (JMU)
Week #10 (10/23 - 10/29): ..Charlia Warner (HOF)

CAA ROOKIE OF THE WEEK:

Week #1 (8/21-8/27):Katie Ueberroth (ODU)
Week #2 (8/28 - 9/3):Jordan Freese (DU)
Week #3 (9/4 - 9/10):Meghan Bain (JMU)
Week #4 (9/11 - 9/17): .Christina Boarman (TOW)
Week #5 (9/18 - 9/24): .Christina Boarman (TOW)
Week #6 (9/25 - 10/1): ...Suzanne Hazelzet (NU)
Week #7 (10/2 - 10/8):Meghan Bain (JMU)
Week #8 (10/9 - 10/15):Reyan Farnum (HU)
Week #9 (10/16 - 10/22): ...Meghan Bain (JMU)
Week #10 (10/23 - 10/29): ..Jennifer Bolger (DU)

FIRST TEAM ALL-CAA

Name, School	Cl.	Pos.
Caroline Nichols, Old Dominion*	Sr.	B
Dana Sensenig, Old Dominion*	Sr.	MF
Baillie Versfeld, James Madison*	Sr.	MF
Ashley Webber, Northeastern#	Jr.	MF
Charlia Warner, Hofstra	So.	F/MF
Denise Admiraal, Old Dominion#	So.	MF
Meghan Bain, James Madison	Fr.	F
Whitney Shean, Northeastern*	Fr.	F
Gina Cimarelli, William & Mary	Sr.	F
Kara McEneaney, Hofstra	Sr.	MF
Kelly Driscoll, Old Dominion	So.	GK

SECOND TEAM ALL-CAA

Name, School	Cl.	Pos.
Doni-Melissa Jantzen, Hofstra*	Sr.	MF/F
Catherine Chiara, Drexel	So.	F
Stephanie Swain, Delaware	Sr.	MF
Daphne Admiraal, Old Dominion	So.	B
Kim Hedley, William & Mary	Jr.	F
Nikki Lloyd, VCU	So.	F
Melissa Walls, James Madison	So.	MF/B
Kim McEwen, Towson	Sr.	MF
Leslie Desimone, Hofstra	Sr.	D
Darcy Pinchbeck, Old Dominion	Sr.	F
Jessica Cowperthwait, Hofstra*	Sr.	GK

ALL-CAA ROOKIE TEAM

Name, School	Cl.	Pos.
Meghan Bain, James Madison	Fr.	F
Kelly Driscoll, Old Dominion	Fr.	GK
Reyna Farnum, Hofstra	Fr.	MF
Suzanne Hazelzet, Northeastern	Fr.	B
Jennifer Bolger, Drexel	Fr.	F
Christina Boarman, Towson	Fr.	F
Tori Karsten, Delaware	Fr.	MF
Titia Beek, Old Dominion	Fr.	F
Wesley Drew, William & Mary	Fr.	MF/D
Emilie Osinga, VCU	Fr.	MF
Tara King, James Madison	Fr.	D

2006 CAA Player of the Year: Caroline Nichols, Old Dominion
2006 CAA Defensive Player of the Year: Caroline Nichols, Old Dominion
2006 CAA Rookie of the Year: Meghan Bain, James Madison
2006 CAA Coach of the Year: Beth Anders, Old Dominion

* denotes All-CAA first team in 2005 # denotes All-CAA second team in 2005

shutout while adding a goal in the 7-0 win over the Huskies. Admiraal also posted a tally in the win over Northeastern and was also among the top shot takers against James Madison with four, including a team-leading three on net.

● **ALL-CAA TEAMS:** Eight Lady Monarchs received post season honors from the Colonial Athletic Association (CAA) highlighted by Player and Defender of the Year in Caroline Nichols and Coach of the Year in Beth Anders. Nichols was the ninth different ODU player to receive the CAA's top award, but is the first in league history to sweep Player of the Year and Defensive Player of the Year honors in the same season. Anders meanwhile earned her ninth CAA Coach of the Year distinction. Joining Nichols on the CAA First Team were senior midfielder Dana Sensenig, sophomore midfielder Denise Admiraal, and redshirt freshman goalkeeper Kelly Driscoll. Sophomore defender Daphne Admiraal and senior forward Darcy Pinchbeck were named to the Second Team All-CAA. Driscoll was joined by forward Titia Beek on the All-Rookie Team.

● **TAKING THE CONFERENCE BY STORM:** Old Dominion went a perfect 8-0 in regular season CAA play in 2006 marking the 12th time the Lady Monarchs have been undefeated in conference action. During the eight league games during the regular season, CAA opposition was outscored 42-2, outshot 204-23 and outcornered 141-16. Including the two CAA Tournament games, CAA opposition was outscored 49-3, outshot 248-26, and outcornered 171-20.

● **LET'S HEAR IT FOR THE "D":** Redshirt goalkeeper Kelly Driscoll and the Old Dominion defense continue are making it awfully hard for the opposition to score. Old Dominion currently boasts the second-best defense in the nation only allowing 0.63 goals per game. Only three schools this season have managed to score more than once, Duke in the double overtime first meeting, Virginia, and semifinal opponent Northeastern in a match-up that saw overtime. The Lady Monarchs have posted 12 shutouts, including a streak of six straight before its loss to #1 Maryland. Additionally, Old Dominion shutout all but one CAA opponent during the regular season - the 3-2 overtime win versus Northeastern. At home, Maryland and Northeastern were the only opponents to score on Foreman Field. Driscoll meanwhile leads the nation in goals against average as only 14 opponent shots have gotten past the ODU goalkeeper in 22 games.

● **THIS IS HOW WE START:** Old Dominion started off the season with a 13-1 start, the best start by the program since 2000. That season the Lady Monarchs won the first two games of the season before falling to Maryland. The loss against the Terps would be the only that season as the Lady Monarchs rattled off 23 straight victories and brought home its last national championship. The 2006 campaign kicked off with a 3-0 start, its best start to a season since they started off the 2002 Final Four season 3-0 as well. Again it was Maryland who halted the winning streak this season and also back in 2002.

● **HATS OFF:** Sophomore Denise Admiraal became the first Lady Monarch to collect a hat trick this season as the midfielder captured three goals as one of four goal scorers in a 7-0 win against Towson. The hat trick was Admiraal's second of her career with the first against Delaware in last season's 6-2 win. The following weekend senior Darcy Pinchbeck became the second Lady Monarch to net three goals in a game as she was one of six goal scorers in a 10-0 route of Virginia Commonwealth.

● **NICO VAN NISPEN NAMED CAA PLAYER OF THE WEEK:** Sophomore midfielder Nico van Nispen was named the CAA Player of the Week after collecting seven points off three goals and an assists in the Lady Monarchs' 2-0 week during the week ending October 2nd. Van Nispen registered both game-winners against #17 James Madison and Towson as Old Dominion posted its eighth straight victory and fourth straight shutout. On Friday night, the sophomore midfielder tallied the lone goal in the James Madison victory and van Nispen was one of four different Lady Monarch goal scorers and one of two multiple goal scorers versus Towson.

● **NICHOLS NAMED PLAYER OF THE WEEK:** Senior defender Caroline Nichols became the second Lady Monarch to earn a CAA weekly honor as she was named the conference's Player of the Week for the week ending September 10th. The senior defender anchored the Old Dominion backfield which boasted two shutouts last week, as the Lady Monarchs picked up two wins against ranked opponents. Nichols' defensive effort helped ODU to its first shutout in a 3-0 victory over #19 Richmond as the Spiders were held to four total shots including just one in the first half. She followed by helping the Lady Monarchs to back-to-back shutouts with a 2-0 victory over #20 Michigan. Along with helping to keep the Wolverines without a shot in the first half, Nichols captured the game-winner as she drilled home a shot on a Lady Monarch penalty corner attempt.

● **NICHOLS CLAIMS ANOTHER AWARD:** Not only was senior defender Caroline Nichols named the CAA Player of the Week for her efforts for the week ending September 10th, she was also named to the Women's Field Hockey.com honor roll.

● **NICHOLS NAMED PLAYER OF THE WEEK - AGAIN:** For the second straight week senior defender Caroline Nichols has been named the Colonial Athletic Association Player of the Week. Nichols helped ODU extend its winning streak to four games as the Lady Monarchs defeated #4 North Carolina and #5 Duke. Defensively, Nichols helped hold the Tar Heels to only one goal as they gave North Carolina its first loss of the season. North Carolina had been averaging 4.00 goals per game, fifth nationally, entering the weekend. On Sunday against Duke, Nichols captured the game-winner with 5:55 remaining in the second overtime to lift ODU to the win over the 2005 national runner-ups. After falling behind 3-1 at the half, Nichols and the defense did not allow the Blue Devils to find the back of the ODU net the rest of the afternoon.

● **NICHOLS CLAIMS ANOTHER AWARD - AGAIN:** Not only was senior defender Caroline Nichols named the CAA Player of the Week for her a second straight week, she was also named to the Women's Field Hockey.com honor roll for a second consecutive week as well.

● **FACES IN THE CROWD:** Freshman Katie Ueberroth was featured in Sports Illustrated's September 18th issue in the weekly magazine's "Faces In The Crowd" feature. Ueberroth earned the honor after being named the CAA's Rookie of the Week the first week of the season. The freshman midfielder came off the Lady Monarch bench helping ODU to a 3-1 victory over #7 Penn State and a 6-1 win over Ohio with two goals and an assist. She tallied ODU's third and final goal against the Nittany Lions and then followed by assisting Sami McLenegan's game-winner in Sunday's win over Ohio and scoring the Lady Monarchs' sixth and final goal of the game.

OLD DOMINION IS:

	<u>Overall</u>	<u>CAA</u>
vs. Ranked Opponents	10-3	2-1
At Home	8-1	4-0
Away	9-1	4-0
Neutral Site	2-1	1-1
Leading at the half	15-0	7-0
Trailing at the half	1-1	0-1
Tied at the half	3-2	2-0
Overtime	2-0	2-0
Scoring first	15-0	7-0
In day games	17-3	7-1
In night games	2-0	2-0
In August	2-0	0-0
In September	8-1	2-0
In October	8-1	6-0
In November	1-1	1-1
On Monday	0-1	0-0
On Tuesday	0-0	0-0
On Wednesday	0-0	0-0
On Thursday	0-0	0-0
On Friday	2-0	2-0
On Saturday	7-1	2-0
On Sunday	10-1	5-1

DID YOU KNOW.....????????????????

- Old Dominion is the only school to have appeared in every NCAA Tournament since its inception in 1981 for a total of 26 appearances.
- The Lady Monarchs have won an NCAA record nine national championships...1982, 1983, 1984, 1988, 1990, 1991, 1992, 1998, 2000
- Of the their 26 NCAA Tournament appearances the Lady Monarchs have made, Old Dominion has reached the Final Four 16 times most recently in 2005.

● **KATIE UEBERROTH NAMED CAA ROOKIE OF THE WEEK:** Freshman Katie Ueberroth earned the Lady Monarchs first CAA weekly award as she was named the Rookie of the Week for the first week of the season. The freshman midfielder came off the Lady Monarch bench helping ODU to a 3-1 victory over #7 Penn State and a 6-1 win over Ohio with two goals and an assist. She tallied ODU's third and final goal against the Nittany Lions and then followed by assisting Sami McLeneagan's game-winner in Sunday's win over Ohio and scoring the Lady Monarchs' sixth and final goal of the game.

● **FACES ON THE BENCH:** Look over to the opponent bench and you just might see a familiar face. The first four weeks of the season saw an Old Dominion tie on its opponent coaching staff. Penn State, who ODU opened the season against, is coached by Char Morrett, a former ODU assistant, Maryland assistant Marybeth Freeman ('03) was a NCAA All-Tournament Team goalkeeper, Lynn Farquhar ('04) returned to Foreman Field as an assistant coach with the University of Richmond, and Tara Herrmann ('03) serves as a volunteer assistant with the Duke program, while Blue Devil head coach Beth Bozman spent a season as a graduate assistant with the ODU program. Old Dominion saw another familiar face at Delaware and Virginia Commonwealth. Fightin' Blue Hen assistant coach Dawn Hill ('86) guided ODU to three NCAA titles in 1982, 1983, and 1984 and also served as an assistant coach with the Lady Monarchs. Hill is also an Old Dominion Hall of Fame inductee. Rams' head coach Shelly Behren ('88) helped the Lady Monarchs to the title in 1984 and a runner-up placing in 1985. This weekend, Old Dominion has a chance to see former Honda Award Winner Tiffany Snow ('03), who is an assistant coach with Boston University.

● **RANK 'EM UP:** So far to date the Lady Monarchs are 10-2 against ranked competition. ODU is 5-2 against Top Ten opponents with a wins against #4/8 North Carolina, #4/5 Duke, and #7 Penn State, and two losses to #1 Maryland.

● **THE WINNINGEST DIVISION I COACH:** At the helm of the Old Dominion women's field hockey program is the winningest Division I coach in history, Beth Anders. To date, Anders boasts a 480-81-7 overall mark and is only one of six coaches overall and active Division I coaches to reach the 400-win milestone. She entered the 2006 season as the all-time winningest Division I coach and third all-time winningest coach in NCAA history.

● **FORMER LADY MONARCHS IN THE NEWS - NCAA WOMAN OF THE YEAR:** Former Lady Monarch field hockey defender and 2006 Outstanding Female Athlete of the Year Janelle Engle (Mt. Joy, Pa.) was one of nine finalists for the 2006 Woman of the Year. Since 1991, the award has been presented annually to a senior student-athlete who has distinguished herself throughout her collegiate career in the areas of academic achievement, athletics excellence, service and leadership. Engle was named the 2006 CAA Player of the Year and earned first team All-American honors by the National Field Hockey Coaches Association (NFHCA). She led ODU and the CAA in scoring with 20 goals. She was selected by the ODU Alumni Association as the Female Athlete of the Year and the Norfolk Sports Club presented her with the Tom Scott award as the university's top senior athlete. In the classroom, Engle was a four-time NFHCA All-Academic selection, a USA TODAY All-USA College Academic Team nominee, and was the CAA's Scholar Athlete of the Year. Engle was a co-winner of the prestigious Jack Wilkins/James Howard Female Scholar Athletes of the Year at ODU as she attained a perfect 4.0. A music major, Engle was first violinist in the Deihn String Quartet and concertmaster of the ODU Symphony.

● **FORMER LADY MONARCHS IN THE NEWS - WORLD CUP:** Three former Lady Monarchs, Honda Award winner Tiffany Snow, All-American Angie Loy, and defensive specialist Melissa Leonetti, helped Team USA to a sixth place finish at the 2006 World Cup in Madrid Spain. The USA fell to Argentina, 2-1 and Australia, 3-1, but drew 0-0 with Korea and picked up a 3-1 win over South Africa and 1-0 win over Korea to advance to the 5th-8th playoff game. Loy was one of three goal scorers in the win against South Africa. Snow scored the lone goal in the 1-0 upset over Germany in the playoff game and then took home sixth place with a 1-0 loss to Japan. The three Lady Monarchs helped the US Field Hockey team to its second highest showing at a World Cup since a third place finish in 1994 and only the third top six finish for a USA team since the team's first World Cup appearance in 1983.

● **FORMER LADY MONARCHS IN THE NEWS - COACH OF THE YEAR:** Former Lady Monarch Elizabeth Sharpe ('05) was named Co-Coach of the Year in the Virginia Beach District for High School field hockey. She is in her first year as head coach of the Ocean Lakes Dolphins where she led her team to an 11-2 regular season run, a second place finish in the district tourney, and qualified for the Eastern Regional Tournament.

ALL-TIME NCAA TOURNAMENT RESULTS (46-16):

1981
SemifinalsConnecticut 3, Old Dominion 0
Third PlaceOld Dominion 2, Long Beach St. 1 (2OT-PS)

1982
Second RoundOld Dominion 1, Northwestern 0
SemifinalsOld Dominion 4, Penn State 3 (OT)
FinalsOld Dominion 3, Connecticut 2

1983
Second RoundOld Dominion 8, North Carolina 0
SemifinalsOld Dominion 3, Massachusetts 2
FinalsOld Dominion 3, Connecticut 1 (3OT)

1984
Second RoundOld Dominion 10, Virginia 0
SemifinalsOld Dominion 2, Connecticut 1
FinalsOld Dominion 5, Iowa 1

1985
First RoundOld Dominion 3, Virginia 1
Second RoundOld Dominion 3, North Carolina 2
SemifinalsOld Dominion 1, Northwestern 0
FinalsConnecticut 3, Old Dominion 2

1986
Second RoundPenn State 1, Old Dominion 0

1987
First RoundOld Dominion 4, Virginia 0
Second RoundNorth Carolina 3, Old Dominion 1

1988
Second RoundOld Dominion 2, North Carolina 1
SemifinalsOld Dominion 4, Pennsylvania 0
FinalsOld Dominion 2, Iowa 1

1989
Second RoundOld Dominion 2, Massachusetts 1
SemifinalsOld Dominion 1, Northwestern 0 (OT)
FinalsNorth Carolina 2, Old Dominion 1 (3OT-PS)

1990
Second RoundOld Dominion 4, Massachusetts 0
SemifinalsOld Dominion 1, Iowa 0
FinalsOld Dominion 5, North Carolina 0

1991
Second RoundOld Dominion 4, Northeastern 1
SemifinalsOld Dominion 3, Maryland 1
FinalsOld Dominion 2, North Carolina 0

1992
Second RoundOld Dominion 6, Maryland 0
SemifinalsOld Dominion 5, North Carolina 0
FinalsOld Dominion 4, Iowa 0

1993
First RoundJames Madison 1, Old Dominion 0

1994
Second RoundIowa 3, Old Dominion 2 (OT)

1995
First RoundOld Dominion 2, Virginia 1 (OT)
Second RoundMaryland 1, Old Dominion 0

1996
Second RoundOld Dominion 7, Maryland 4
SemifinalsPrinceton 4, Old Dominion 3 (OT)

1997
Second roundOld Dominion 9, Ball State 3
SemifinalsOld Dominion 2, Virginia 2
FinalsNorth Carolina 3, Old Dominion 2

1998
Second roundOld Dominion 7, North Carolina 2
SemifinalsOld Dominion 3, Virginia 0
FinalsOld Dominion 3, Princeton 2

1999
First roundOld Dominion 3, Virginia 0
Second roundMaryland 3, Old Dominion 2 (OT)

2000
First RoundOld Dominion 6, Stanford 1
Second roundOld Dominion 6, Connecticut 4
SemifinalsOld Dominion 6, Wake Forest 0
FinalsOld Dominion 3, North Carolina 1

2001
First RoundOld Dominion 6, Massachusetts 1
Second RoundPrinceton 2, Old Dominion 1

2002
First RoundOld Dominion 5, Richmond 1
Second RoundOld Dominion 4, Maryland 1
SemifinalsPenn State 3, Old Dominion 2

2003
First RoundOld Dominion 4, Richmond 2
Second RoundDuke 8, Old Dominion 2

2004
First RoundDuke 5, Old Dominion 3

2005
First RoundOld Dominion 5, Ohio State 4
Second RoundOld Dominion 3, Michigan 2
SemifinalsMaryland 3, Old Dominion 2

2005 NCAA RECAPS:

FIRST ROUND

Old Dominion vs. Ohio State Columbus, Ohio - November 12, 2005

In a physical and see-saw game, the Old Dominion field hockey team prevailed with a 5-4 victory over host Ohio State in the first round of the NCAA Tournament. Darcy Pinchbeck would score what would be the eventual game-winner in the 57th minute of play to send the Lady Monarchs to the second round.

Neither team managed more than a one goal lead in the contest and the game was tied at 3-3 at halftime. CAA Rookie of the Year Denise Admiraal opened up scoring in the game at third minute of play as she was able to collect a rebound off a penalty corner attempt. However moments later, the Buckeyes tied the game and then took the lead.

Ohio State's Saskia Mueller converted a penalty stroke eight minutes into the game to net the score at 1-1 and then Lucy Clayton converted a Buckeye penalty corner attempt to put her team up 2-1 by the 13th minute. From then on, the two teams would continue to trade goals throughout the half.

Old Dominion struck again three minutes later on Admiraal's second goal of the day. Admiraal broke open in the middle of the shooting circle and fired into the back of the cage to tie the game at 2-2. However, less than a minute later the Buckeyes struck again to take a 3-2 edge, this time as Yesenia Lucus deflected a pass into the cage.

Pinchbeck tied the game at 3-3 with her first goal of the afternoon and the final of the first half, coming at the 19th minute. The Suffolk, Virginia native collected another rebound off a Lady Monarch penalty corner attempt.

CAA Player of the Year, senior Janelle Engl, converted the day's second penalty corner attempt to give Old Dominion a 4-3 edge seven minutes into the second half of action. However, the lead was short lived as Lucus captured her second goal of the day racing into the center of the circle and getting the ball just over the top of ODU netminder Mary Cate Gordon. In the 57th minute of action, Old Dominion managed to penetrate the shooting circle for an attempt on net. Admiraal tried to reverse the ball as she headed to the left corner of the net, but the shot was not hard enough allowing the Buckeye's goalkeeper, Lindsay Williams to kick the ball out of play. However, Pinchbeck intercepted the loose ball and send it sailing into the back of the Ohio State net for the 5-4 advantage the Lady Monarchs would manage to hold to until the close of regulation.

Gordon made two stops in net for the Lady Monarchs, while her counterpart, Williams, posted six saves in the loss for the Buckeyes.

Goals by period:			
	1	2	Tot
Old Dominion	3	2	5
Ohio State	3	1	4

Time	Team	Goal Scorer	Assists
3:19	ODU	Admiraal, Denise	Engle, Janelle
8:43	OSU	Mueller, Saskia	Penalty Stroke
13:00	OSU	Clayton, Lucy	Mueller, Saskia;
			Lucus, Yesenia
16:01	ODU	Admiraal, Denise	Unassisted
16:59	OSU	Lucus, Yesenia	Unassisted
19:05	ODU	Pinchbeck, Darcy	Unassisted
42:45	ODU	Engle, Janelle	Penalty shot
44:02	OSU	Lucus, Yesenia	Unassisted
57:18	ODU	Pinchbeck, Darcy	Unassisted

Shots:	Saves:	Corners:
ODU - 18	ODU - 2	ODU - 8
OSU - 8	OSU - 6	OSU - 3

SECOND ROUND

Old Dominion vs. Michigan Columbus, Ohio - November 12, 2005

The Old Dominion field hockey team went Final Four Bound for the 16th time in school history as the Lady Monarchs defeated Michigan, 3-2, in the second round of the NCAA Tournament held on the campus of Ohio State.

The Lady Monarch never trailed in the contest, but the score was tied at 1-1 entering the half. Old Dominion struck first at the 21st minute as Darcy Pinchbeck received a feed from CAA All-Rookie team member Nicolien van Nispen from the middle of the circle to

open scoring. Four minutes later though, the Wolverines struck back as Erin Dallas tipped a pass from Mary Fox into the corner of the Lady Monarch cage. Twice Michigan found its way into the circle and looked like they had found the back of the Old Dominion cage, but both times were ruled no goal.

Two minutes into the second half, Old Dominion struck again to take a lead they would never relinquish. On the first penalty corner of the second half of action, striker Janelle Engle (Mt. Joy, Pa.) passed the ball back to inserter Dana Sensenig (Denver, Pa.) who fired it into the Michigan net.

Old Dominion took a 3-1 edge at the 42nd minute. In a loose ball scramble in front of the cage, freshman All-CAA member Katelyn Smither was the Old Dominion player to get a stick on the ball and tip it in.

Michigan cut their deficit to one less than four minutes later on the option on the penalty corner. Kara Lentz passed off to Stephanie Hoyer who was waiting along the right side of the ODU cage to tip the ball in.

The Lady Monarchs though would keep control of the ball for much of the time left in regulation for the win.

Old Dominion outshot Michigan, 16-6, and outcornered their opponent, 6-4. Senior Mary Cate Gordon registered one save in the ODU victory, while the Wolverine's Beth Riley collected six stops in the loss.

Goals by period:			
	1	2	Tot
Old Dominion	1	2	3
Michigan	1	1	2

Time	Team	Goal Scorer	Assists
21:22	ODU	Pinchbeck, Darcy	van Nispen, Nicolien
24:41	MICH	Dallas, Erin	Fox, Mary
37:54	ODU	Sensenig, Dana	Engle, Janelle
42:23	ODU	Smither, Katelyn	Unassisted
46:57	MICH	Hoyer, Stephanie	Lentz, Kara

Shots:	Saves:	Corners:
ODU - 16	ODU - 1	ODU - 6
MICH - 6	MICH - 6	MICH - 4

NATIONAL SEMIFINALS

Old Dominion vs. Maryland Louisville, KY. - November 18, 2005

The Old Dominion University field hockey team's season came to an end at Trager Stadium on the campus of the University of Louisville as the Lady Monarchs fell 3-2 to top seeded Maryland in the semifinals of the NCAA Tournament. The Lady Monarchs, who were making their 16th Final Four appearance, conclude the 2005 season with a 19-6 overall record.

Maryland took an early lead as Paula Infante intercepted the ball near midfield, entered the top of the circle and fired past ODU keeper Mary Cate Gordon four minutes into the contest. Gordon came up with five saves during that half to keep the score 1-0 heading into halftime. The Lady Monarchs were outshot 8-1 in the first 35 minutes of the game.

Old Dominion did not wait long to tie the score and came out with more fire power in the second half. Darcy Pinchbeck knotted the score at 1-1 less than two minutes after the opening whistle. The Lady Monarchs were awarded a penalty corner with senior Janelle Engle striking the ball at the Terp net. Maryland came up with the save as the ball drifted the right side of the cage for an open Pinchbeck to fire into in the back of the cage.

The lead went back to the Terps at the 43rd minute of the game, 2-1. Maryland's Infante took the ball on a penalty corner and fed it wide left to Janneke van Leeuwen for the tip in.

Jackie Ciconte added in what would be the game-winner at the 62nd minute of play off a rebound from a van Leeuwen shot.

Old Dominion immediately struck back looking for the come from behind victory. Less than two minute after the Terps took a two-goal advantage, Engle cut the deficit to one with 5:51 left in regulation. Engle took a swing after Caroline Nichols (Va. Beach, Va.) made the stick stop. The ball was saved put took a hard bounce right back to Engle who swung again, but this time got the ball into the net.

Unfortunately the Lady Monarchs were kept away from the Maryland net and time expired as the Terps returned to the national championship game for the first time since 2001.

Goals by period:			
	1	2	Tot
Old Dominion	0	2	2
Maryland	1	2	3

Time	Team	Goal Scorer	Assists
4:08	MD	Paula Infante	Unassisted
36:25	ODU	Pinchbeck, Darcy	Unassisted
43:43	MD	Janneke van Leeuwen	Paula Infante
62:49	MD	Jackie Ciconte	Unassisted
64:09	ODU	Engle, Janelle	Unassisted

Shots:	Saves:	Corners:
ODU - 6	ODU - 7	ODU - 6
MD - 17	MD - 1	MD - 8

GAME-BY-GAME RESULTS:

GAME ONE:

No. 4 Old Dominion at No. 7 Penn State State College, Pa. - August 26, 2006

STATE COLLEGE, Pa. -- The fourth ranked Old Dominion field hockey squad opened the 2006 season with a 3-1 victory over seventh ranked Penn State. The Lady Monarchs never trailed in the contest striking first with 10 minutes into the game and senior **Dana Sensenig (Denver, Pa.)** putting away the game-winner just before halftime.

Senior **Caroline Nichols (Va. Beach, Va.)** captured ODU's first goal of the season off the Lady Monarchs' first penalty corner attempt of the game. Nichols shot on goal where the ball deflected off Penn State netminder Jen Beaumont and into the net for the 1-0 lead. Sophomore Katelyn Smither (Suffolk, Va.) and Sensenig recorded the assist.

Sensenig would register what would become the eventual game-winner with less than a minute left in the first half. Junior **Shannon Mobley (Va. Beach, Va.)** fed Sensenig a pass near the left side of the cage for the 2-0 advantage.

Penn State thwarted the shutout in the early minutes of the second half. Natalie Blasco managed to intercept the ball from the Lady Monarchs to feed Annelise Legel for the score.

The Lady Monarchs did manage one more score before the end of the game with freshman **Katie Ueberroth (Stevens, Pa.)** found her way to the back of the Nittany Lion net in a scramble in front of the cage.

The teams were even in shots in the first half 4-4 but ODU outshot Penn State 7-3 in the second half and ended the game with an 11-7 advantage. The Nittany Lions were only able to take two shots that were not the result of penalty corners.

In net, **Kelly Driscoll (West Chester, Pa.)** picked up the win in her collegiate debut. Driscoll posted two saves, while her counterpart Beaumont stopped five Lady Monarch shots in the loss.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (1-0)	2	1	3
Penn State (0-1)	0	1	1

Time	Team	Goal Scorer	Assists
10:15	ODU	Nichols, Caroline (1)	Smither, Katelyn, Sensenig, Dana
33:56	ODU	Sensenig, Dana (1)	Mobley, Shannon
37:24	PSU	Legel, Annelise (1)	Blasco, Natalie
53:35	ODU	Ueberroth, Katie (1)	Unassisted

Shots:	Saves:	Corners:
ODU - 11	ODU - 2	ODU - 5
PSU - 7	PSU - 5	PSU - 5

GAME TWO:

No. 4 Old Dominion vs. (RV) Ohio University State College, Pa. - August 27, 2006

STATE COLLEGE, Va. -- The fourth ranked Old Dominion field hockey team improved to 2-0 on the young season as junior Sami McLenegan (Middletown, Pa.) posted her first career game-winner in the 6-1 victory over Ohio University in a neutral site game on the campus of Penn State.

McLanegan was one of two Lady Monarch multiple scorers joining senior **Dana Sensenig (Denver, Pa.)** with two tallies.

McLanegan gave Old Dominion a 2-0 lead in the first half. Her first goal came at the 10:17 mark as she tipped in a shot that came from the stick of teammate **Shannon Mobley (Va. Beach, Va.)**. Her second goal, the game-winner, came at the 27:22 mark as freshman **Katie Ueberroth (Stevens, Pa.)** drew out the Ohio keeper and passed the ball to McLanegan for a shot on an unprotected net.

The second half saw the Lady Monarch scoring barrage continue. Sensenig captured the second half's first goal by converting a penalty stroke at the 43:50 mark and then moments later recorded her second goal of the afternoon for a 4-0 ODU lead.

Sensenig would go on to record an assist on the next ODU goal. Senior **Anna Rogers (New Bloomfield, Pa.)** netted her first goal of the 2006 campaign as she took Sensenig's pass from the left side of the endline.

Ueberroth rounded out the ODU scoring for the afternoon redirecting a shot taken by sophomore **Katelyn Smither (Suffolk, Va.)** from outside the circle.

The Bobcats avoided the shutout when they were finally able to convert on a breakaway opportunity at the 64:10 mark. Patty Donohue capitalized on ODU netminder **Kelly Driscoll (West Chester, Pa.)** coming out of the cage to stop an on coming Ohio attacker who passed the ball to give Donohue the scoring opportunity.

Old Dominion outshot Ohio 22-4 limiting the Bobcats to two shots in each half. Additionally, the Lady Monarchs held an 8-1 advantage in penalty corners.

Driscoll stopped one of only two shots on goal made by the Bobcats, while Ohio's Jessie Martin made eight saves in the loss.

SCORING SUMMARY

Goals by period:	1	2	Tot
Ohio (0-1)	0	1	1
Old Dominion (2-0)	2	4	6

Time	Team	Goal Scorer	Assists
10:17	ODU	McLanegan, Sami (1)	Mobley, Shannon
27:22	ODU	McLanegan, Sami (2)	Ueberroth, Katie
43:50	ODU	Sensenig, Dana (2)	Penalty stroke
45:55	ODU	Sensenig, Dana (3)	(unassisted)
48:07	ODU	Rogers, Anna (1)	Sensenig, Dana
50:29	ODU	Ueberroth, Katie (2)	Smither, Katelyn
64:10	OHIO	Donahue, Patty (1)	Albini, Torrie

Shots:	Saves:	Corners:
Ohio - 4	Ohio - 6	Ohio - 1
ODU - 22	ODU - 1	ODU - 8

GAME THREE:

No. 4 Old Dominion at No. 19 Virginia Charlottesville, Va. - September 3, 2006

CHARLOTTESVILLE, Va. -- The No. 4 Old Dominion field hockey team took a 3-0 halftime lead and thwarted a second half comeback by No. 19 Virginia to hold on for a 3-2 victory.

The win keeps the Lady Monarchs undefeated at 3-0 as they defeat their second ranked team of the season. Meanwhile the Cavaliers suffer ed their first loss of the season to fall to 2-1 overall.

Leading scorer **Dana Sensenig (Denver, Pa.)** got the game started for Old Dominion as she converted her second penalty stroke of the 2006 season in the ninth minute of play. Junior **Sami McLanegan (Middletown, Pa.)** off an assist from junior **Jo Ann van Aswegen (Bloemfontein, South Africa)** put Old Dominion up 2-0 in the 14th minute of action.

Sophomore **Denise Admiraal (Heiloo, Holland)** scored what would be the game-winner to give the Lady Monarchs the 3-0 lead heading into the half. Senior Caroline Nichols (Va. Beach, Va.) struck the ball toward the Cavalier net on a penalty corner attempt. Virginia's Katherine Blair stopped the ODU shot attempt, but Admiraal got a hold of the rebound and lifted into the cage for the Lady Monarchs' third goal in the 22nd minute.

The second half saw Virginia step up defensively as the Cavaliers held the Lady Monarchs without a shot for the final 28 minutes of the game. Virginia netted back-to-back tallies on penalty corner attempts with just over seven minutes remaining.

The Cavaliers' first goal came from a direct shot by Inge Kaars Sijpesteijn, set up by Biffy Cornelison and Abby Taylor with the assists just under the 63 minute mark. Less than 90 seconds later, Virginia capitalized on another penalty corner attempt this time with Traci Ragukas getting the ball into the ODU net in the 65th minute.

Old Dominion managed to hold on to a slight advantage in shot 12-11. The Lady Monarchs outshot the Cavaliers 10-4 in the first half. Virginia outcornered Old Dominion in the game, 5-2, with both Lady Monarch corners coming in the first half.

In net, redshirt freshman **Kelly Driscoll (West Chester, Pa.)** recorded five stops, while Blair registered three in the loss.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (3-0)	3	0	3
Virginia (2-1)	0	2	2

Time	Team	Goal Scorer	Assists
9:20	ODU	Sensenig, Dana (4)	Penalty Stroke
13:57	ODU	McLanegan, Sami (3)	van Aswegen, Jo Ann
22:10	ODU	Admiraal, Denise (1)	--
62:56	UVA	Sijpesteijn, Inge	Cornelison, Biffy; Taylor, Abby
64:24	UVA	Ragukas, Traci	--

Shots:	Saves:	Corners:
ODU - 12	ODU - 5	ODU - 2
UVA - 11	UVA - 3	UVA - 5

GAME FOUR:

No. 4 Old Dominion at No. 1 Maryland College Park, Md. - September 4, 2006

COLLEGE PARK, Md. -- In what has become one of the most premiere matches in collegiate field hockey, the top ranked Maryland Terrapins edged out the fourth ranked Old Dominion Lady Monarchs, 1-0. The defending national champions scored with 8:04 left in the game to claim victory.

The loss is the first for the Lady Monarchs in 2006 as they fall to 3-1 overall. The Terps meanwhile improve their record to 4-0. The rematch in the home-and-home series will occur on October 14th at Foreman Field.

In four of the last five games, the winner of the Maryland-Old Dominion match has been decided by one goal or less, including last year's NCAA semifinal match.

Maryland's Paula Infante used a long pass to draw out Lady Monarch netminder **Kelly Driscoll (West Chester, Pa.)** out of net. With Driscoll out near the circle, Infante's pass reached the Terps' Nicole Muracco who fed Kim Ziegler the ball for a shot on open net.

The Terps outshot the Lady Monarchs 11-8. The first half saw Maryland control the offense outshooting ODU 8-2, however in the second half, the Lady Monarchs held the advantage 4-3. Junior **Shannon Mobley (Va. Beach, Va.)** led the Lady Monarchs in the shot department with two, both of them coming on net.

Maryland outcornered Old Dominion 5-1 with all five Terp penalty corner attempts coming in half number one, while the Lady Monarchs' lone corner opportunity came in half number two.

Driscoll posted a career-high five saves in net. Kathryn Masson stopped three Lady Monarch shots on net.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (3-1)	0	0	0
Maryland (4-0)	0	1	1

Time	Team	Goal Scorer	Assists
61:56	MD	Kim Ziegler (2)	Nicole Muracco

Shots:	Saves:	Corners:
ODU - 6	ODU - 6	ODU - 1
MD - 11	MD - 3	MD - 5

GAME FIVE:

No. 3 Old Dominion vs. #19 Richmond Norfolk, Va. - September 9, 2006

NORFOLK, Va. -- The No. 3 Old Dominion field hockey picked up its first shutout of the season in its 3-0 home opening victory over No. 19 Richmond at Foreman Field.

Senior **Darcy Pinchbeck (Suffolk, Va.)** and sophomore Jo Ann van Aswegen (Bloemfontein, South Africa) both scored their first goals of the season in the win. Pinchbeck collected the game-winner while van Aswegen scored twice, including her first collegiate goal.

Old Dominion got onto the scoreboard in the game's 14th as Pinchbeck would register what would be the game-winner. Sophomore **Nico van Nispen (Bilthoven, Holland)** helped draw out Richmond keeper Becca Weaver a few steps directly in front of net. Van Nispen then dishd the ball over to Pinchbeck along the right side of the net for an open shot at the back of the board.

Van Aswegen put the Lady Monarchs up 2-0 late in the first half in her first collegiate tally. With several ODU attackers in the circle, junior **Sami McLanegan (Middletown, Pa.)** managed to find van Aswegen open near the right side of the cage for the clear shot.

Van Aswegen went on to score the lone goal of the second half and final of the afternoon just over two minutes into the stanza. A swarm of Lady Monarch attackers were in the circle, but found their shot attempts blocked by Richmond defenders. After a host of attempts, the ball rolled over to van Aswegen who fired away for her second goal of the game.

Old Dominion outshot Richmond 12-4, but the Spiders did outcorner the Lady Monarchs, 5-4.

Redshirt freshman netminder **Kelly Driscoll (West Chester, Pa.)** earned her first career shutout making two saves in the win. Sophomore defender Daphne Admiraal (Heiloo, Holland) helped preserve the shutout with a defensive save. Richmond's Weaver made all seven saves for the Spiders, while Jacki Railthel was 20:46 of action.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Richmond (2-2)	0	0	0
Old Dominion (4-1)	2	1	3

Time	Team	Goal Scorer	Assists
14:00	ODU	Pinchbeck, Darcy (1)	van Nispen, Nicolien
31:18	ODU	van Aswegen, Jo Ann (1)	McLeneagen, Sami
37:12	ODU	van Aswegen, Jo Ann (2)	--

Shots:	Saves:	Corners:
UR - 4	UR - 7	UR - 4
ODU - 12	ODU - 2	ODU - 3

GAME SIX:

No. 3 Old Dominion vs. No. 20 Michigan Norfolk, Va. - September 10, 2006

NORFOLK, Va. -- The third ranked Old Dominion field hockey team posted its second consecutive shutout as it blanked #20 Michigan, 2-0, on Foreman Field.

The victory improves the Lady Monarchs to 5-1 overall, while the Wolverines fall to 2-5 on the year.

The scored was tied at halftime as the Old Dominion defense kept Michigan without a shot in the first half. The Lady Monarchs attempted three shots at the Wolverine net, but none of the them managed to find the back of the cage. Sophomore **Denise Admirall (Heiloo, Holland)** had two shots, the first fired over the top of the cage, and the second narrowly missing a tip-in. Freshman **Hanna Warren (Green Lake, Pa.)** also had a shot, firing hard from the top of the circle but into a stretched out Michigan goalkeeper, Beth Riley.

Michigan kept the ball in ODU territory early in the second half, but it would be the Lady Monarchs who would break the stalemate. On a penalty corner attempt, senior **Caroline Nichols (Va. Beach, Va.)** found the opening to put ODU up 1-0 and tally what would be the game-winner with just under 20 minutes remaining in the game. Four minutes later, Admiraal got a handle on the ball for a hard shot near the top of the circle.

Old Dominion finished the game outshooting Michigan, 11-6. Both teams registered five penalty corners.

Lady Monarch netminder **Kelly Driscoll (West Chester, Pa.)** collected her second shutout behind a defensive effort anchored by Nichols. Riley picked up four stops in the loss for the Wolverines.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Michgian (2-5)	0	0	0
Old Dominion (5-1)	0	2	2

Time	Team	Goal Scorer	Assists
50:22	ODU	Nichols, Caroline (2)	Sensenig, Dana; Smither, Katelyn
54:06	ODU	Admiraal, Denise (2)	--

Shots:	Saves:	Corners:
UM - 6	UM - 4	UM - 5
ODU - 11	ODU - 3	ODU - 5

GAME SEVEN:

No. 3 Old Dominion at No. 4 North Carolina Chapel Hill, N.C. - September 16, 2006

CHAPEL HILL, N.C. - The third-ranked Old Dominion field hockey team won its third straight contest and picked up its second win over a top ten opponent as they handed the fourth ranked North Carolina Tar Heels a 3-1 loss at Francis E. Henry Stadium.

The loss was the first for the Tar Heels this season as they had opened up the season on a six-game win streak. The win meanwhile improved Old Dominion to 6-1 overall.

Old Dominion scored first, on an unassisted shot by freshman **Hanna Warren (Green Lake, Pa.)** with just over three minutes to play in the first half as the Lady Monarch ended the half up 1-0. The goal was Warren's first collegiate tally of her career.

The Tar Heels evened the score less than 10 minutes into second half. On a penalty corner, Hilary Hartman's initial shot was blocked into the air. Freshman Illse Davids batted it down and shot the ball past for her second goal of the season.

The Lady Monarchs went ahead for good with 12:11 remaining in the game when sophomore **Denise Admiraal (Heiloo, Holland)** grabbed the ball near the goal after a UNC save and got it past Tar Heel goalkeeper Brianna O'Donnell. The goal was Admiraal's second game-winner of the season and through Old Dominion's first seven games is the only Lady Monarch to have multiple game-winning goals to her name.

The Lady Monarchs' final score game two minutes later, when senior **Dana Sensenig (Denver, Pa.)** sent a penalty stroke into the left side of the cage. The goal was Sensenig's team-leading fifth of the year. Additionally Sensenig is now 3-of-3 on penalty strokes.

After a fairly even first half with seven shots for ODU and six for UNC, the Lady Monarchs outshot the Tar Heels 8-2 in the second half. Old Dominion finished with five corners to UNC's two. Redshirt freshman **Kelly Driscoll (West Chester, Pa.)** had three saves, while O'Donnell finished with six.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (6-1)	1	2	3
North Carolina (6-1)	0	1	1

Time	Team	Goal Scorer	Assists
31:41	ODU	Warren, Hanna (1)	--
42:11	UNC	Illse Davids (2)	Penalty corner
57:49	ODU	Admiraal, Denise (3)	--
59:50	ODU	Sensenig, Dana (5)	Penalty stroke

Shots:	Saves:	Corners:
ODU - 15	ODU - 3	ODU - 5
UNC - 8	UNC - 6	UNC - 2

GAME EIGHT:

No. 3 Old Dominion at No. 5 Duke Durham, N.C. - September 17, 2006

DURHAM, N.C. -- The third-ranked Old Dominion field hockey team overcame a 3-1 halftime deficit and forced double overtime to earn a 4-3 victory over fifth-ranked Duke at Williams Field. Colonial Athletic Association Player of the Week senior **Caroline Nichols (Va. Beach, Va.)** sent home the game-winner with 5:55 remaining in the second overtime session.

The win is the fourth straight for the Lady Monarchs who improved to 7-1 overall. The victory also marked the third win this season over a top ten opponent with #7 Penn State and #4 North Carolina also falling to Old Dominion. The Dukes suffered their second loss to a top three team and fell to 6-2 overall.

Nine and a half minutes into the game, Duke's Marian Dickinson recorded her first of three goals goal off a rebounded shot. Less than two minutes later, the sophomore scored her second goal of the day on an assist from senior Hilary Linton, as the Blue Devils went up 2-0.

Old Dominion leading scorer **Dana Sensenig (Denver, Pa.)** got the Lady Monarchs on the board, scoring at the 16:34 mark to bring ODU within one, 2-1.

However, Dickinson struck again just before halftime, as she netted her third goal on an assist by Ashley Pultorak for the hattrick putting the Blue Devils up 3-1.

In the second half, the Lady Monarchs defense clamped down and did not allow Duke to score while registering two goals for force the game into overtime. Sensenig tallied her second goal of the afternoon less than six minutes into the half, while junior **Shannon Mobley (Va. Beach, Va.)** managed to tie the game at 3-3 with 16:50 left in regulation.

Neither team managed to find the back of the cage in the first 15 minute overtime forcing double overtime.

Nichols posted the game-winner, her second of the season, to add to the Lady Monarch win column.

SCORING SUMMARY:

Goals by period:	1	2	1OT	2OT	Tot
Old Dominion (7-1)	1	2	0	1	4
Duke (6-2)	3	0	0	0	3

Time	Team	Goal Scorer	Assists
9:37	DU	Marian Dickinson	--
10:18	DU	Marian Dickinson (10)	Hilary Linton
16:34	ODU	Sensenig, Dana (6)	Admiraal, Daphne
33:52	DU	Marian Dickinson (11)	Ashley Pultorak
41:26	ODU	Sensenig, Dana (7)	Admiraal, Denise
53:10	ODU	Mobley, Shannon (1)	--
94:05	ODU	Nichols, Caroline (3)	van Nispen, Nicolien

Shots:	Saves:	Corners:
ODU - 18	ODU - 3	ODU - 6
DU - 11	DU - 8	DU - 7

GAME NINE:

No. 3 Old Dominion at Princeton Princeton, N.J. - September 23, 2006

PRINCETON, N.J. -- The third-ranked Old Dominion field hockey team made it five-in-a-row as they shutout Princeton, 5-0. After taking a 1-0 halftime lead, Old Dominion exploded for four second half goals as five different Lady Monarchs scored in the victory.

The Lady Monarchs improve to 8-1 overall, while netminder **Kelly Driscoll (West Chester, Pa.)** and the ODU defense post their third shutout of the season. Meanwhile, Princeton falls to 3-3 overall.

CAA Player of the Week **Caroline Nichols (Va. Beach, Va.)** got the game started as she scored eight minutes into the contest for what would be the game-winner.

ODU leading scorer **Dana Sensenig (Denver, Pa.)** got the second half started as she converted her fourth penalty stroke of the season.

Five minutes later reserve Anna Rogers (New Bloomfield, Pa.), off an assist from classmate **Darcy Pinchbeck (Suffolk, Va.)**, gave the Lady Monarchs a 2-0 on her second goal of the season. Less than three minutes after that, sophomore Nico van Nispen (Bilthoven, Holland) collected a loose ball in the circle to record her first goal of the season. Pinchbeck rounded out the afternoon's scoring tallying the Lady Monarchs' final goal of the afternoon with just over 10 minutes remaining in the game. The goal was Pinchbeck's second of the year.

The Lady Monarchs outshot Princeton, 24-6, holding the Tigers to just four shots on goal and one shot in the second half. Old Dominion also held the advantage in penalty corners, 8-5.

Driscoll stopped all four Tigers shots on goal, while her counterpart Allison Nemeth made 11 saves in Princeton's loss.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (8-1)	1	4	5
Princeton (3-3)	0	0	0

Time	Team	Goal Scorer	Assists
8:16	ODU	Nichols, Caroline (4)	--
41:08	ODU	Sensenig, Dana (8)	Penalty stroke
46:51	ODU	Rogers, Anna (2)	Pinchbeck, Darcy
49:25	ODU	van Nispen, Nicolien (1)	--
59:04	ODU	Pinchbeck, Darcy (2)	--

Shots:	Saves:	Corners:
ODU - 24	ODU - 4	ODU - 8
PU - 6	PU - 13	PU - 5

GAME TEN:

No. 3 Old Dominion at Princeton Princeton, N.J. - September 23, 2006

PHILADELPHIA, Pa. -- The third-ranked Old Dominion field hockey team opened up Colonial Athletic Association (CAA) play with a 5-0 victory over the Drexel Dragons. The Lady Monarchs shutout their opponent for the second consecutive game and outscored opponents the weekend 10-0.

The win ups the Lady Monarchs mark to 9-1 overall, while the Dragons, also playing in their CAA opener, fall to 6-3 overall after starting the season off 5-0.

Almost the previous game at Princeton, the Lady Monarchs held a 1-0 lead at the half and exploded for four goals in the second half. Senior midfielder **Dana Sensenig (Denver, Pa.)** led Old Dominion with two goals and an assist.

Unlike the game at Princeton, Old Dominion scored late in the half as Sensenig captured her first goal and eventual game-winner with only 41 seconds remaining in the first half.

Sophomore **Denise Admiraal (Heiloo, Holland)** started the second half scoring barrage just six minutes into the half. She was followed with goals by sophomore **Nico van Nispen (Bilthoven, Holland)** on a penalty corner, Sensenig's second tally off a pass from senior **Anna Rogers (New Bloomfield, Pa.)** and senior **Darcy Pinchbeck's (Suffolk, Va.)** second goal of the weekend.

Old Dominion outshot Drexel 35-6, with 20 of the Lady Monarchs' shots coming on the Drexel net. Old Dominion also outcornered Drexel, 14-4.

Redshirt **Kelly Driscoll (West Chester, Pa.)** needed to make only one save as the ODU defense helped the Lady Monarch netminder to her fourth shutout. Drexel's Colleen McAndrew posted a season-high 15 saves.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (9-1, 1-0)	1	4	5
Drexel (6-3, 0-1)	0	0	0

Time	Team	Goal Scorer	Assists
34:19	ODU	Sensenig, Dana (9)	--
41:43	ODU	Admiraal, Denise (4)	--
52:17	ODU	van Nispen, Nicolien (2)	Nichols, Caroline; Sensenig, Dana
58:42	ODU	Sensenig, Dana (10)	Rogers, Anna
69:32	ODU	Pinchbeck, Darcy (3)	--

Shots:	Saves:	Corners:
ODU - 35	ODU - 1	ODU - 14
DU - 6	DU - 15	DU - 4

GAME ELEVEN:

No. 3 Old Dominion at No. 17 James Madison Harrisonburg, Va. - September 30, 2006

HARRISONBURG, Va. -- Sophomore **Nico van Nispen (Bilthoven, Holland)** captured third-ranked Old Dominion's lone goal it a 1-0 victory over #17 James Madison at the JMU Field Hockey complex.

The win gave the Lady Monarchs its seventh straight win as they improved to 10-1 overall and 2-0 in the Colonial Athletic Association (CAA). The shutout was also Old Dominion's third straight and fifth overall this season. James Madison fell to 6-5 in their CAA opener.

Van Nispen's goal came off a penalty corner with 7:13 left in the game. Senior **Dana Sensenig (Denver, Pa.)** and freshman **Titia Beek (Heiloo, Holland)** were credited with the assists.

Although Old Dominion scored only one goal, they controlled much of the offense as the Lady Monarchs outshot the Dukes, 14-2. Both James Madison shots came in the first half, with only Lauren Stefaniak's shot reaching net on penalty corner resulting in the lone save by Lady Monarch keeper **Kelly Driscoll (West Chester, Pa.)**. Old Dominion outcornered James Madison, 10-2.

SCORING SUMMARY:

Goals by period:

	1	2	Tot
Old Dominion (10-1, 2-0)	0	1	1
James Madison (6-5, 0-1)	0	0	0

Time	Team	Goal Scorer	Assists
62:29	ODU	van Nispen, Nicolien (3)	Sensenig, Dana; Beek, Titia

Shots:	Saves:	Corners:
ODU - 14	ODU - 1	ODU - 10
JMU - 2	JMU - 5	JMU - 2

GAME TWEELEVE:

No. 3 Old Dominion vs. Towson Norfolk, Va. - October 1, 2006

NORFOLK, Va. -- Sophomore forward **Denise Admiraal (Heiloo, Holland)** posted a hat trick to lead the third-ranked Lady Monarchs to a 7-0 win over Towson in Colonial Athletic Association (CAA) action on Foreman Field.

The win, Old Dominion's eighth straight, improves the Lady Monarchs to 11-1 overall and 3-0 in the CAA as they posted their fourth straight shutout and sixth overall. The Tigers meanwhile fall to 7-5 overall and 1-1 in league play.

Sophomore forward **Nicolien van Nispen (Bilthoven, Holland)** added two goals to the shutout. Seniors **Dana Sensenig (Denver, Pa.)** and **Caroline Nichols (Va. Beach, Va.)** both added one goal.

The Lady Monarchs scored three quick goals in the beginning of the first half to bring Old Dominion to an early lead. Van Nispen collected her second straight game-winner putting away her first goal of the afternoon 6:50 into the match. From there, the Lady Monarchs tacked on two more goals in the next six minutes. Admiraal captured the first of her three goals as her shot bounced off a Towson defender into the net at the 10 minutes mark, followed by van Nispen's second goal of the day less than two minutes later. The Lady Monarchs tacked on another goal with four minutes left in the half by leading scorer Sensenig with an assist from freshman **Kathleen Shea (Elizaville, N.Y.)**, her first of her career.

Old Dominion came out strong the second half tacking on three more goals to its lead with an early tally and two late penalty corner goals. Admiraal picked up goal number two a mere four minutes into the half and then earned her seventh goal of the season off a penalty corner. After receiving the stick stop, van Nispen faked and passed the ball over to Admiraal. Nichols registered ODU's final goal of the afternoon also on a penalty corner. Sophomore **Katelyn Smither (Suffolk, Va.)** and Sensenig were credited with the assist.

Towson midfielder Laura Schnell tallied the Tiger's single shot attempt of the afternoon's match. Senior goalkeeper Christina Armer had fourteen saves in the loss and Gabby Mink posted a defensive save. ODU netminder **Kelly Driscoll (West Chester, Pa.)** stopped the lone Tiger shot on net.

Old Dominion outshot the Tigers a total of 27-1 and did not allow Towson a single penalty corner opportunity, while the Lady Monarchs had 12.

SCORING SUMMARY:

Goals by period:

	1	2	Tot
Towson (7-5, 1-1)	0	0	0
Old Dominion (11-1, 3-0)	4	3	7

Time	Team	Goal Scorer	Assists
6:50	ODU	van Nispen, Nicolien (4)	Pinchbeck, Darcy
10:48	ODU	Admiraal, Denise (5)	--
12:18	ODU	van Nispen, Nicolien (5)	--
30:49	ODU	Sensenig, Dana (11)	Shea, Kathleen
49:24	ODU	Admiraal, Denise (6)	--
57:02	ODU	Admiraal, Denise (7)	van Nispen, Nicolien
63:36	ODU	Nichols, Caroline (5)	Sensenig, Dana; Smither, Katelyn

Shots:	Saves:	Corners:
TU - 1	TU - 14	TU - 0
ODU - 27	ODU - 1	ODU - 12

GAME THIRTEEN:

No. 3 Old Dominion at Va. Commonwealth Richmond, Va. - October 6, 2006

RICHMOND, Va. -- Senior forward Darcy Pinchbeck (Suffolk, Va.) was one of six Lady Monarchs to find the back of the cage, leading the way with three goals, in No. 3 Old Dominion's 10-0 victory against Virginia Commonwealth.

The win ups the Lady Monarchs' record to 12-1 overall and 4-0 in the Colonial Athletic Association. The victory was ODU's ninth straight and fifth consecutive shutout. To date, the Lady Monarchs' top ranked defense has recorded seven overall shutouts.

Senior midfielder **Dana Sensenig (Denver, Pa.)** captured seven points on the evening with her two goals and season-high three assists. Freshman **Hanna Warren (Green Lane, Pa.)** was the Lady Monarchs' other multiple scorer with two tallies.

Also scoring in the victory was CAA Co-Player of the Week **Nico van Nispen (Bilthoven, Holland)**, sophomore midfielder **Denise Admiraal (Heiloo, Holland)**, and sophomore forward **Kathleen Shea (Elizaville, N.Y.)**. Shea's goal was her first of the season and of her career.

Old Dominion did not wait long to take the lead as van Nispen's goal gave the Lady Monarchs a 1-0 edge just over three minutes into the contest. At the half, the Lady Monarchs enjoyed a 5-0 lead and would go on to add another five goals in the second half.

The Lady Monarchs outshot the Rams 26-2, with only one shot on net, which was saved by netminder Kelly Driscoll (West Chester, Pa.). Virginia's Commonwealth's Laura Baker played the game's first 15 minutes allowing three goals and no saves. Brittany LoVullo finished out the game recording 12 stops. Old Dominion also cornered the Rams, 7-1.

Through the first four games of CAA play, the Lady Monarchs have yet to let an opponent score. CAA opposition has been outscored 23-0, outshot, 102-11 and outcornered 81-10.

SCORING SUMMARY:

Goals by period:

	1	2	Tot
Old Dominion (12-1, 4-0)	5	5	5
VCU (1-11, 0-4)	0	0	0

Time	Team	Goal Scorer	Assists
3:31	ODU	van Nispen, Nicolien (6)	Sensenig, Dana
9:21	ODU	Sensenig, Dana (12)	van Nispen, Nicolien
15:18	ODU	Pinchbeck, Darcy (4)	Sensenig, Dana
21:28	ODU	Sensenig, Dana (13)	--
22:44	ODU	Pinchbeck, Darcy (4)	Admiraal, Daphne
46:03	ODU	Warren, Hanna (2)	van Aswegen, Jo Ann
48:34	ODU	Warren, Hanna (3)	--
49:05	ODU	Pinchbeck, Darcy (6)	Admiraal, Denise
53:56	ODU	Admiraal, Denise (8)	Sensenig, Dana
66:04	ODU	Shea, Kathleen (1)	--

Shots:	Saves:	Corners:
ODU - 26	ODU - 1	ODU - 17
VUU - 2	VCU - 12	VCU - 1

GAME FOURTEEN:

No. 3 Old Dominion at Delaware Newark, Del. - October 8, 2006

NEWARK, Del. -- The third-ranked Old Dominion field hockey team's shutout streak continued as the Lady Monarchs blanked Delaware, 2-0, at Rullo Stadium.

The gives Old Dominion its 10th straight victory and sixth consecutive shutout. Overall, the Lady Monarchs have collected eight shutouts. Old Dominion improves to 13-1 overall and 5-0 in the Colonial Athletic Association as they head into next week's match-up with #1 Maryland, the only team to hand the Lady Monarchs a loss this season. Delaware meanwhile falls to 6-8 overall and 3-2 in the CAA.

Through the five games of CAA play, the Lady Monarchs have yet to let an opponent score. CAA opposition has been outscored 25-0, outshot 129-12 and outcornered 96-11.

The score was 0-0 at the half, but Old Dominion held a 13-0 advantage in shots and 7-0 edge in penalty corners.

Senior **Darcy Pinchbeck (Suffolk, Va.)** finally got the Lady Monarchs onto the scoreboard with just over 17 minutes remaining off a pass from sophomore **Nico van Nispen (Bilthoven, Holland)**. The goal was Pinchbeck's seventh tally of the year and second game-winner.

Old Dominion's second goal of the day came seven minutes later from leading scorer senior midfielder **Dana Sensenig (Denver, Pa.)**. Sensenig put away her team-leading 13th goal off a feed from fellow classmate **Caroline Nichols (Va. Beach, Va.)**.

SCORING SUMMARY:

Goals by period:

	1	2	Tot
Old Dominion (13-1, 5-0)	0	2	2
Delaware (6-8, 3-2)	0	0	0

Time	Team	Goal Scorer	Assists
50:07	ODU	Pinchbeck, Darcy (4)	van Nispen, Nicolien
57:31	ODU	Sensenig, Dana (12)	Nichols, Caroline

Shots:	Saves:	Corners:
ODU - 27	ODU - 1	ODU - 15
UD - 1	UD - 14	UD - 1

GAME FIFTEEN:

No. 3 Old Dominion vs. No. 1 Maryland Norfolk, Va. - October 14, 2006

NORFOLK, Va. -- The third-ranked Old Dominion field hockey lost only its second game of the 2006 season as they were edged out 1-0 by top-ranked Maryland in a thriller at Foreman Field.

The loss drops the Lady Monarchs to 13-2 overall, with both losses coming at the hands of the Terps. Of ODU's four home games, the Terps have been the first opponent to score on Foreman Field this season. Maryland meanwhile improves to 14-1 overall.

The score was 0-0 at the half with Old Dominion holding a slight advantage in shots, 5-4.

Early in the second half, the Lady Monarchs had a chance to break the stalemate as leading scorer, senior midfielder **Dana Sensenig (Denver, Pa.)**, was awarded a penalty stroke. Sensenig entered the day's contest first in the nation having converted all four of her penalty strokes. The Terps changed keepers replacing starting netminder Kathryn Masson with Christina Restivo. Restivo stopped Sensenig's stroke and Masson was promptly put back into the game.

Maryland's Nicole Muracco broke the stalemate about five minutes later to collect the only goal of the game. Paula Infante dribbled to the top right of the circle making the pass to Muracco. Old Dominion goalkeeper **Kelly Driscoll (West Chester, Pa.)** raced out trying to stop the pass from reaching Muracco, but was caught out of position as Muracco received the ball for the goal.

The Lady Monarchs had several looks at net during the second half, but could not convert.

Old Dominion ended the game outshooting Maryland, 12-11, and outcornered the Terps, 8-3. Driscoll made eight saves in the loss, while starting keeper Masson registered seven.

SCORING SUMMARY:

Goals by period:

	1	2	Tot
Maryland (14-1)	0	1	1
Old Dominion (13-2)	0	0	0

Time	Team	Goal Scorer	Assists
42:18	MD	Nicole Muracco (14)	Paula Infante

Shots:	Saves:	Corners:
MD - 11	MD - 8	MD - 3
ODU - 12	ODU - 8	ODU - 8

GAME SIXTEEN:

No. 3 Old Dominion vs. No. 4 Duke Norfolk, Va. - October 15, 2006

NORFOLK, Va. -- Sophomore **Jo Ann van Aswegen** (**Bloemfontein, South Africa**) scored in the closing seconds of the first half to return the third-ranked Old Dominion field hockey to the win column on Sunday with a 1-0 victory over fourth-ranked Duke.

The win improves Old Dominion to 14-2 overall as the Lady Monarchs posted their ninth shutout of the season. Duke meanwhile snaps a five-game win streak as they fall to 12-4 overall.

It looked as if the Lady Monarchs and Blue Devils were going to enter the half tied at 0-0, but Old Dominion managed to get the ball into the circle in the closing seconds. As a scramble in front the net occurred, van Aswegen got her stick on the ball for a shot past Duke keeper Caitlin Williams with 23.7 seconds left in the half. Old Dominion entered the half up 1-0 and had outshot the Blue Devils, 9-4, and outcornered them, 3-2.

Neither team connected in the second half with the ball going back and forth between both ends of the field. Old Dominion took three shots in half number two while Marian Dickinson managed the lone Duke shot. No penalty corners were awarded in the second stanza.

Williams ended the afternoon with six saves, four stops coming in the first half. Redshirt freshman **Kelly Driscoll** (**West Chester, Pa.**) made two stops in the win for the Lady Monarchs.

SCORING SUMMARY:

Goals by period:			
	1	2	Tot
Duke (12-4)	0	0	0
Old Dominion (14-2)	1	0	1

Time	Team	Goal Scorer	Assists
34:33	ODU	van Aswegen, Jo Ann (3)	--

Shots:	Saves:	Corners:
DU - 5	DU - 6	DU - 2
ODU - 12	ODU - 2	ODU - 3

GAME SEVENTEEN:

No. 3 Old Dominion vs. Northeastern Norfolk, Va. - October 21, 2006

NORFOLK, Va. -- The third-ranked Old Dominion field hockey team needed overtime to dispatch Northeastern, 3-2, in Colonial Athletic Association (CAA) action at Foreman Field.

The win improves the Lady Monarchs to 15-2 overall and 6-0 in the CAA, while Northeastern falls to 7-10 overall and 2-3 in league play.

The Huskies struck first 10 minutes into the contest. Playing off a penalty corner, Northeastern's Rachel Wilkes managed to collect the rebound off a missed shot and send into the back of the Lady Monarch cage.

By the end of the first half, Old Dominion would score twice heading into the locker room up 2-1. On a penalty corner, senior **Caroline Nichols** (**Va. Beach, Va.**), off the insert from classmate **Dana Sensenig** (**Denver, Pa.**) and stick stop by **Titia Beek** (**Heillo, Holland**), tied the game with just over six and a half minutes left in the half. Three minutes later Old Dominion had the lead after sophomore **Denise Admiraal** (**Heillo, Holland**) passed to ball off to leading scorer Sensenig for a goal. The tally was Sensenig's team-leading 15th of the season.

The Lady Monarchs had control of the ball most of the season half. With time winding down, Old Dominion took a penalty corner and held the ball in the corner. Northeastern managed to take possession, race up field, and enter the circle. Harriet Hoyer got her stick on the ball in a sea of Lady Monarch defenders and found the gap with 1:31 left in regulation to tie the game and send it into overtime.

Overtime, ODU's second of the 2006 season, didn't last very long as the Lady Monarchs gained possession of the ball and scored 1:59 into the third stanza. Admiraal captured the golden goal off a feed from Sensenig.

Old Dominion outshot Northeastern, 13-5, and outcornered the Huskies, 12-3.

Lady Monarch goalkeeper **Kelly Driscoll** (**West Chester, Pa.**) made three stops in the victory, while her counterpart, Liz Centofanti stopped six Old Dominion shots on net.

SCORING SUMMARY:

Goals by period:			1OT	Tot
	1	2	0	2
Northeastern (7-10, 2-3)	1	1	0	2
Old Dominion (15-2, 5-0)	2	0	1	3

Time	Team	Goal Scorer	Assists
10:04	NU	Wilkes, Rachel (2)	--
28:22	ODU	Nichols, Caroline (6)	Beek, Titia; Sensenig, Dana
31:15	ODU	Sensenig, Dana (15)	Admiraal, Denise
68:29	NU	Hoyer, Harriet	--
72:59	ODU	Admiraal, Denise (9)	Sensenig, Dana

Shots:	Saves:	Corners:
NU - 5	NU - 6	NU - 3
ODU - 13	ODU - 3	ODU - 12

GAME EIGHTEEN:

No. 3 Old Dominion vs. No. 20 Hofstra Norfolk, Va. - October 21, 2006

NORFOLK, Va. -- The third-ranked Old Dominion field hockey team improved its mark to 16-2 overall and 6-0 in Colonial Athletic Association (CAA) play with its 10th shutout of the year in a 7-0 victory over No. 20 Hofstra.

The Pride fell to 10-6 overall and 3-3 in CAA action.

The Lady Monarchs dominated the offense outshooting the Pride 33-5 and holding a 19-2 advantage in corners.

Old Dominion did not get onto the scoreboard until the last remaining seconds of the first half. Although the Lady Monarchs had 13 penalty corner attempts and 15 shots on net in the first stanza, sophomore **Jo Ann van Aswegen** (**Bloemfontein, South Africa**) was the only one to get past Hofstra goalkeeper Jessica Cowperthwait. Van Aswegen's goal with 29.3 seconds remaining in the first half would be the eventual game-winner, her second of the year.

The second half saw the Lady Monarch offense rattle off five answered goals. Sophomore **Katelyn Smither** (**Suffolk, Va.**) started the scoring barrage with just over 17 minutes remaining as she capitalized on a rebound off a penalty corner shot. Less than two minutes later, fellow classmate **Nico van Nispen** (**Bilthoven, Holland**) gave ODU a 3-0 lead with another rebound off a penalty corner shot.

Freshman **Titia Beek** (**Heillo, Holland**) was the only Lady Monarch to score more than once. She tallied her first career goal as she positioned herself in front of the Pride net off a pass from senior **Darcy Pinchbeck** (**Suffolk, Va.**) just under the eight-minute mark. Two minutes later, Beek scored again to give the Lady Monarchs a 5-0 edge.

Sophomore **Denise Admiraal** (**Heillo, Holland**) rounded out the day's scoring with a little under five minutes remaining in the game. Admiraal's goal was her 10th of the season.

Hofstra netminder Cowperthwait made 19 saves in the onslaught of Lady Monarch shots. Nadine Surak played the final five minutes in the cage for the Pride after Cowperthwait received a yellow card and made two stops. Pride defensive member Shannon Alexander also recorded a defensive save. Redshirt freshman keeper **Kelly Driscoll** (**West Chester, Pa.**) made four saves in net for the Lady Monarchs.

SCORING SUMMARY:

Goals by period:			
	1	2	Tot
Hofstra (10-6, 3-3)	0	0	0
Old Dominion (14-2)	1	5	6

Time	Team	Goal Scorer	Assists
29:31	ODU	van Aswegen, Jo Ann (4)	--
52:31	ODU	Smither, Katelyn (1)	--
55:01	ODU	van Nispen, Nicolien (7)	--
62:09	ODU	Beek, Titia (1)	Pinchbeck, Darcy
64:08	ODU	Beek, Titia (2)	--
65:04	ODU	Admiraal, Denise (10)	--

Shots:	Saves:	Corners:
HU - 5	HU - 21	HU - 2
ODU - 33	ODU - 4	ODU - 19

GAME NINETEEN:

No. 3 Old Dominion vs. No. 8 North Carolina Norfolk, Va. - October 28, 2006

NORFOLK, Va. -- Third ranked Old Dominion (17-2) defeated #8 North Carolina (11-7), 3-1 in the annual scholarship match at Foreman Field. Senior **Caroline Nichols** (**Virginia Beach, Va.**) scored a goal and assisted on another, while Dana Sensenig (Denver, PA.) assisted on all three goals.

Nichols put ODU up first 20 minutes left in the first half on a penalty corner. Four minutes later, Nicolien van Nispen (Bilthoven, Holland) scored off a penalty corner to give the Lady Monarchs a 2-0 lead.

The Tar Heels cut into the lead with nine minutes left as Britt van Beek found the net. Senior **Darcy Pinchbeck** (**Suffolk, Va**) completed the scoring on the day with a goal in the final four-plus minutes on an assist from Sensenig. ODU keeper, Kelly Driscoll came up with three saves on the day.

SCORING SUMMARY:

Goals by period:			Tot
	1	2	1
North Carolina (11-7)	1	0	1
Old Dominion (15-2)	3	0	3

Time	Team	Goal Scorer	Assists
15:25	ODU	Nichols, Caroline (7)	Sensenig, Dana; van Nispen, Nicolien
19:04	ODU	van Nispen, Nicolien (8)	Sensenig, Dana; Nichols, Caroline
26:24	UNC	van Beek, Britt	--
31:12	ODU	Pinchbeck, Darcy (5)	Sensenig, Dana

Shots:	Saves:	Corners:
UNC - 6	UNC - 8	UNC - 4
ODU - 13	ODU - 4	ODU - 8

GAME TWENTY:

No. 3 Old Dominion vs. William & Mary Norfolk, Va. - October 29, 2006

NORFOLK, Va. -- Third ranked Old Dominion (18-2/8-0) finished the regular season with an 8-0 Colonial Athletic Association victory over William and Mary (10-8/4-4) Sunday afternoon. Six different Lady Monarchs scored a goal and an assist today, including four of the seniors.

Caroline Nichols (**Virginia Beach, Va.**) and Denise Admiraal (**Heillo, Holland**) each scored two goals for ODU, while senior **Julia Muldrow** (**Virginia Beach, Va.**) scored her first collegiate goal and assist in the second half.

Sophomore goalkeeper **Kelly Driscoll** (**West Chester, Pa.**) picked up her 11th shutout of the season. ODU has allowed only 13 goals this year.

SCORING SUMMARY:

Goals by period:			Tot
	1	2	0
William & Mary (10-8, 4-4)	0	0	0
Old Dominion (15-2)	1	0	1

Time	Team	Goal Scorer	Assists
2:45	ODU	van Aswegen, Jo Ann (5)	--
7:25	ODU	Admiraal, Denise (11)	Rogers, Anna
13:32	ODU	Nichols, Caroline (8)	Sensenig, Dana; Smither, Katelyn
16:06	ODU	Admiraal, Denise (12)	--
24:38	ODU	Sensenig, Dana (16)	--
38:16	ODU	Nichols, Caroline (9)	Admiraal, Denise
52:04	ODU	Muldrow, Julia (1)	van Nispen, Nicolien
55:08	ODU	van Nispen, Nicolien (9)	Muldrow, Julia

Shots:	Saves:	Corners:
WM - 1	WM - 11	WM - 0
ODU - 29	ODU - 0	ODU - 14

GAME TWENTY ONE:

CAA TOURNAMENT SEMIFINALS No. 3 Old Dominion vs. Northeastern Va. Beach, Va. - November 4, 2006

VA. BEACH, Va. -- The Old Dominion field hockey defeated Northeastern, 7-0, in the first game of the Colonial Athletic Association Semifinals at the National Training Center.

Six different Lady Monarchs scored in the victory led by senior **Dana Sensenig** (**Denver, Pa.**) with two tallies.

Senior Second Team All-CAA member **Darcy Pinchbeck** (**Suffolk, Va.**) collect the game-winner with her ninth goal of the season just under 20 minutes into the game. By the half, Old Dominion had a 3-0 advantage after **Jo Ann van Aswegen** (**Bloemfontein, South Africa**) tipped in the ball at the 28 minute mark and CAA Player of the Year **Caroline Nichols** (**Va. Beach, Va.**) found the back of the net off a penalty corner.

The Lady Monarchs added four more goal in the second half. Two minutes into the second stanza, sophomore midfielder **Nico van Nispen** (**Bilthoven, Holland**) netted her 10th goal of the year to start the scoring barrage. Sensenig would then go on to net back-to-back goals. Her first came off a penalty stroke in the 45th minute of play. Sensenig, who leads the nation in penalty strokes, converted her fifth of the season. Ten minutes later the senior First Team All-CAA honoree scored on the option a penalty corner. Fellow first teamer **Denise Admiraal** (**Heillo, Holland**) rounded out the scoring with the game's seventh and final goal a minute later.

Liz Centofanti made nine saves in net for the Huskies, while All-Rookie Team and First Team All-CAA member **Kelly Driscoll** (**West Chester, Pa.**) needed to only make one stop in the cage for the Lady Monarchs.

Old Dominion outshot Northeastern 21-2 and outcornered the Huskies, 9-3.

SCORING SUMMARY:

Goals by period:

	<u>1</u>	<u>2</u>	<u>Tot</u>
Northeastern (10-12)	0	0	0
Old Dominion (19-2)	3	4	7

<u>Time</u>	<u>Team</u>	<u>Goal Scorer</u>	<u>Assists</u>
19:51	ODU	Pinchbeck, Darcy (9)	Nichols, Caroline
28:12	ODU	van Aswegen, Jo Ann (6)	--
31:26	ODU	Nichols, Caroline (10)	Smither, Katelyn; Sensenig, Dana
37:35	ODU	van Nispen, Nicolien (10)	--
45:15	ODU	Sensenig, Dana (17)	Penalty shot
55:24	ODU	Sensenig, Dana (18)	van Nispen, Nicolien
56:48	ODU	Admiraal, Denise (13)	Ueberroth, Katie

<u>Shots:</u>	<u>Saves:</u>	<u>Corners:</u>
NU - 2	NU - 9	NU - 3
ODU - 21	ODU - 1	ODU - 9

GAME TWENTY TWO:
CAA TOURNAMENT FINAL

No. 3 Old Dominion vs. No. 17 James Madison
Va. Beach, Va. - November 5, 2006

VA. BEACH, Va. -- The second seeded Dukes of James Madison upset top seeded Old Dominion, 1-0, in the Colonial Athletic Association (CAA) Tournament final on Sunday afternoon at the National Training Center.

Old Dominion outshot James Madison, 23-1, and outcornered the Dukes, 21-1, but it was only one shot the Dukes needed to defeat the third-ranked Lady Monarchs. With 12:52 left in the first half, JMU's Melissa Walls was awarded a penalty stroke and managed to find the back of the Old Dominion cage for the lone goal of the afternoon.

The Lady Monarch offense kept pressure the entire game on the Duke cage, but JMU's Kelsey Cutchins made an astonishing 14 saves in goal, including stopping a penalty stroke by senior midfielder **Dana Sensenig (Denver, Pa.)** with just under 20 minutes remaining in regulation.

Sensenig was named to the CAA All-Tournament team along with fellow classmate and CAA Player and Defender of the Year **Caroline Nichols (Va. Beach, Va.)** and sophomore midfielder **Denise Admiraal (Heillo, Holland)**.

SCORING SUMMARY:

Goals by period:

	<u>1</u>	<u>2</u>	<u>Tot</u>
James Madison (15-7)	1	0	1
Old Dominion (19-3)	0	0	0

<u>Time</u>	<u>Team</u>	<u>Goal Scorer</u>	<u>Assists</u>
22:08	JMU	Walls, Melissa	Penalty shot

<u>Shots:</u>	<u>Saves:</u>	<u>Corners:</u>
JMU - 1	JMU - 0	JMU - 1
ODU - 23	ODU - 14	ODU - 21